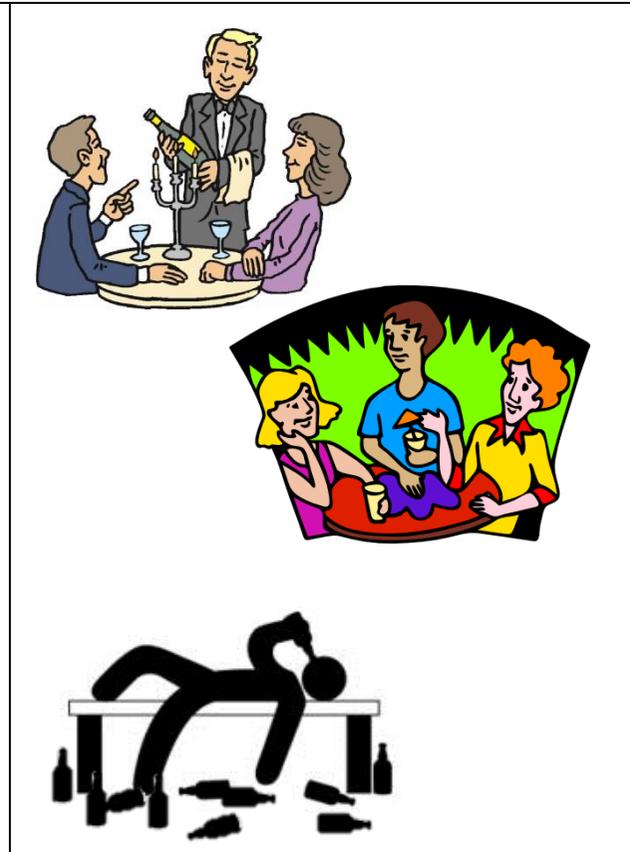


# What is Alcohol Misuse?



Alcohol misuse is when people need a drink [beer, lager, wine, vodka, gin, brandy, whisky] a lot of the time.



Many people drink alcohol with a meal or when they go out with friends, alcohol helps them relax but some people drink too much and find that they want more and more.



Too much alcohol is not good for a person they can become ill, forget what they have done, become loud angry and clumsy. It can hard living with a person who misuses alcohol as you don't know what they are going to be like, they might ignore or shout at you even if you haven't done anything wrong.