

**Family
Hubs**



February 2025 update

Family Hub Outcomes in the last 12 months

- ▶ 9297 individuals have attended a family hub (total of 43,302 attendances)
- ▶ 5949 sessions have been delivered in family hubs
 - ▶ 1111 children attended a school readiness session
 - ▶ 2187 attended an advice or support session
 - ▶ 1317 attended a parenting group
 - ▶ 4676 attended a Midwife / HV session
 - ▶ 263 attended a SEND support session
 - ▶ 252 attended family events
 - ▶ 617 attended MH and Parent Infant relationship support sessions
 - ▶ 354 have registered with app based offers
- ▶ 91% of parents who completed our surveys report they are very happy or happy with the Family Hub services they have accessed.
- ▶ 87% of parents report they have increased confidence
- ▶ 86% have seen an improvement in their child's development and 13% stayed the same

Family Hub services

Funded services

- ▶ Start for Life Offer
- ▶ Infant Feeding
- ▶ Perinatal Mental Health & Parent Infant Relationships
- ▶ Parenting Programmes (0-2yrs)
- ▶ Home Learning Environment
- ▶ Parent Carer panels

Wider services

- ▶ Early Years daycare (in 2 sites)
- ▶ Midwifery and 0-19 Public Health Nursing
- ▶ Department for Work and Pensions - weekly drop-ins (Better off calculations, Financial stability and debt advice)
- ▶ Housing Solutions drop ins
- ▶ Early Years SEND drop ins / Downs Syndrome support group
- ▶ Early Years Speech and Language drop ins
- ▶ Parenting programmes / Family Support Services
- ▶ NSPCC - Pregnancy In Mind & Domestic Abuse Recovering Together
- ▶ Young parents connect
- ▶ Adult Learning
- ▶ Oral Health
- ▶ Mental health and wellbeing services
- ▶ Domestic Abuse support

Funding 2025/26

- ▶ The DFE have confirmed that Nottingham City will receive Family Hub funding for a further year - April 2025 - March 2026.
- ▶ The expectations will broadly remain the same, with funding allocated to the 6 key areas :
 - ▶ Start for Life Offer
 - ▶ Infant Feeding
 - ▶ Perinatal Mental Health & Parent Infant Relationships
 - ▶ Parenting Programmes (0-2yrs)
 - ▶ Home Learning Environment
 - ▶ Parent Carer panels
- ▶ The expectation to continue to deliver a range of other services for children aged 0-18 (up to 25 years with SEND) through partnership working remains.
- ▶ The expectation for delivery to take place in FH building, in community venues and online remains

Early Help Partnership website

Family Hubs have funded a website for families and professionals with information, advice, activity details and links for whole family services through the Early Help Partnership that was launched on 30 October 2023



<https://www.earlyhelpnottingham.org.uk/#>



Free App Based Offers funded by Family Hubs:

▶ Easy Peasy App:

- ▶ Home learning activities, advice and resources for families
- ▶ Visit: easypeasyapp.com/nottingham-city



▶ In Our Place:

- ▶ Resources and online courses for parents, carers, grandparents and young people
- ▶ The courses cover a range of topics and offer support on matters like pregnancy, children's needs and emotions, understanding teenage brains, relationships, trauma and much more.
- ▶ Sign up to understand your child's feelings, as well as your own, as you go through life as a family
- ▶ They can be accessed online anytime and are available in multiple languages.
- ▶ Visit: <https://inourplace.co.uk/nottingham/> to sign up and get access.

Families can contact / walk into any of the 4 Family Hubs in Nottingham:

Bestwood Family Hub: Southglade Access Centre, Southglade Road, Bestwood, Nottingham NG5 5GU
Telephone 0115 8761890

Broxtowe Family Hub: 18 Strelley Road, Nottingham, NG8 3AP
Telephone 0115 8763888

Hyson Green Family Hub: The Mary Potter Centre, 76 Gregory Boulevard, Nottingham, NG7 5HY
Telephone 0115 8838202

Meadows Family Hub: Kirkby Gardens, The Meadows, Nottingham, NG2 2HZ
Telephone 0115 8761320