

# Working with an Educational Psychologist



## Information for young people

### Nottingham City Educational Psychology Service

#### What is an Educational Psychologist?

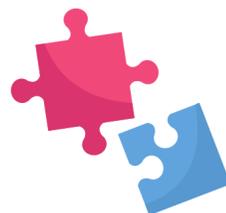
- We work with children, young people and the adults who are part of your life.
- We will help you to think about what is going well and if there are any changes that you would like to happen.
- We also like to find out what is important to you.
- We might do this with you at school or at home.



#### What happens next?

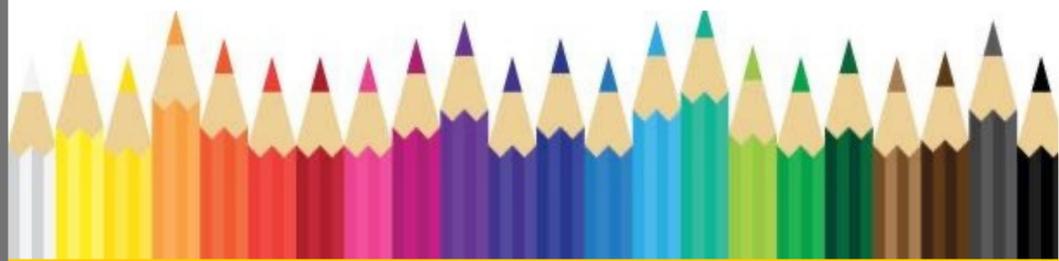
If you are happy to work with us, we will find a time to meet with you to complete some of the activities above.

If you do not want to meet with us or do any work together you do not have to. We will only meet or do as much as you would like to.



#### Things we might do together

- Talk about things, like how you feel at school and at home.
- Think about if there are things you want to change or need help with.
- Play some games, do some puzzles, draw pictures, or answer some questions.
- We might come and see a lesson in your classroom.



#### What if I have any questions?

If you have any questions before our visit, write them down or tell an adult and we will try our best to answer them when we meet.



#### Find out more

Website: [www.nottinghamcity.gov.uk/educationalpsychology](http://www.nottinghamcity.gov.uk/educationalpsychology)  
You can also see pictures of the Educational Psychologists on the website

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